

Keeping Everyone Safe

Parent Information



Internet Safety for Under 5s

Research by Ofcom, the communications regulator in the UK, states that 86% of 3 – 4 year olds have access to a tablet at home and 53% of 3 – 4 year olds go online. With this in mind, parents are becoming increasingly anxious about the risks of online grooming and internet safety. Here a number of tops tips from Childnet to support Safer Internet use for children under 5 years old.

1 Understand how your child engages with technology

Get involved, ask your child what they are watching or to teach you how to play their favourite game. Using the internet together helps you to identify any risks and increases your confidence in supporting your child in staying safe when using technology.

2 Set some boundaries

Most activities that children take part in have rules and boundaries so technology should not be the exception. These can be discussed with your child and some agreed boundaries can be put into place. These could include:

- How much time is spent on the device
- When and where the device can be used
- What should I do if something makes them feel uncomfortable or upset

3 Using Parental controls and Filtering

Use safety mechanisms and filters available to protect your child from accidentally viewing inappropriate content. Click the link below to find out more about the specific parental controls you can use on your child's device.

www.safeinternet.org.uk/parent-tech

4. Where can I go if I am concerned about something?

If you are worried about online sexual abuse, or the way someone has been communicating with your child online, you can contact Child Exploitation Online Protection Command (CEOP), A National Crime Agency.

<https://www.ceop.police.uk/safety-centre/>

Useful Links

General advice for parents:

childnet.com/parent-and-carers/need-help

childnet.com/have-a-conversation

childnet.com/resources/family-agreement

Filtering and parental controls:

saferinternet.org.uk/parent-tech

saferinternet.org.uk/parental-controls

internetmatters.org

Games and apps:

commonsensemedia.org

pegi.info

Reporting:

ceop.police.uk

parentport.org.uk

iwf.org.uk



Childnet
International



UK Safer
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