Healthy Hand Washing

Wet your hands under running water

Add some soap and:
- rub your hands together
- between your fingers
- under your nails
- front and back
- around your wrist

Rinse and wipe dry

1 Palm to palm

2 Between fingers

3 Back of hands

4 Base of thumbs

5 Back of fingers

6 Fingernails

7 Wrist

8 Rinse and wipe dry

Candy Floss says 'Keep Everyone Safe'

Bright Horizons®