

Gloop Play (0-1 Year)

You will need:

- Cornflour (200 – 300g)
- Water (200ml)
- Jug or Bowl
- Food Colouring (Not essential)

The Activity:

- Pour the cornflour into a jug or bowl.
- Slowly add the water, mixing as you go.
- Your cornflour will be ready once the mixture is thick and becomes solid to touch.
- You can add a few drops of food colouring to give the Gloop a splash of colour!
- Place the bowl on a flat surface and encourage your baby to explore the texture.

Keeping Everyone Safe

Gloop play can get very messy! Ensure you have non-slip mat or cloth.



Extending the activity:

- Add a range of washable resources to the gloop such as animals or cars.

How this supports your child's learning:

Babies will love exploring how the texture and consistency changes as they play. It will also encourage babies to explore through their senses. This will all support hand eye coordination and fine motor skills.



Healthy Hearts
and Minds



Words to introduce during the activity to support language development

Touch	Squeeze	Thick
Solid	Squash	Tacky
Runny	Rubbery	Sticky
High	Texture	Messy

TOP TIP:

Get stuck in! Babies learn through observing others. Get stuck in! Babies learn through observing others.



Gloop Monsters - With the below assets or some of your very own design can you make a gloop monster below based on what you managed to make with the mixture?

